

## Need Support?

At Connecting Home, we understand that many people are at different stages of their 'journey of healing' - and some are just beginning.

If you believe we can be of assistance to you in any way, please get in touch. We are always happy to have people drop into our office for a cuppa and a yarn in a relaxed, culturally safe space.

Contact our office for further information about how we can assist you.

## Healing Programs:

Connecting Home's Support Program can also link you with group healing programs that are either hosted by Connecting Home or other agencies.



**Connecting Home**  
a service for the Stolen Generations



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# Connecting Home

a service for the  
Stolen Generations

**Support Program  
for the  
Stolen Generations**



## Who we assist

We assist people who identify as being members of the Stolen Generations across South East Australia. Connecting Home considers a member of the Stolen Generations to be an Aboriginal or Torres Strait Islander person who was removed or separated from family, land, language and culture as a result of past policies, including adoption, foster care and institutionalisation

## Support Programs

At Connecting Home we believe that everyone is unique and will require tailored supports and programs to assist with their individual journey of healing.

Our Support Program provides person-centered support to people requesting assistance.

Contact us and make an appointment to see us:

- To have a yarn
- Obtain advice
- Get a referral
- Find out what to expect from our services

Although this is a broad based service typically we are able to assist you with the following areas:

### Your Identity

How do you see yourself?  
How do others see you?  
How do you want to be seen?  
What do you want in the future?

### Your Life

Personal control over;  
\* physical environment  
\* daily schedule  
\* our needs for privacy  
\* control over privileged and personal information.

Do you have personal control over life events?

### Your Community and Belonging

Who is part of your community?  
Who do you want to be part of my community?  
What roles are missing in your community?  
what is your role in you community?

### Your Safeguards

what safety risks are you concerned about (home and community)?  
how do you ensure that you feel safe in your environment?

### Your Rights

Do you know your rights!  
The rights most important to you are...  
Supports and information to exercise your rights that you need are...

### Your Health Wellbeing

Do you feel Healthy?  
Mental and Physical Health concerns  
who do you discuss my physical and mental health concerns with?  
what supports are in place to aid your health (medication, supports, other)?  
what healing do you need?

**YOU**  
**Contact us**  
**in person**  
**by phone or email**  
**via another**  
**person**

**Support**  
**Service**  
Confidential  
discussion to get  
you started

**REFERRAL**  
We assist you to  
access the appropriate  
Aboriginal or non-  
Aboriginal services